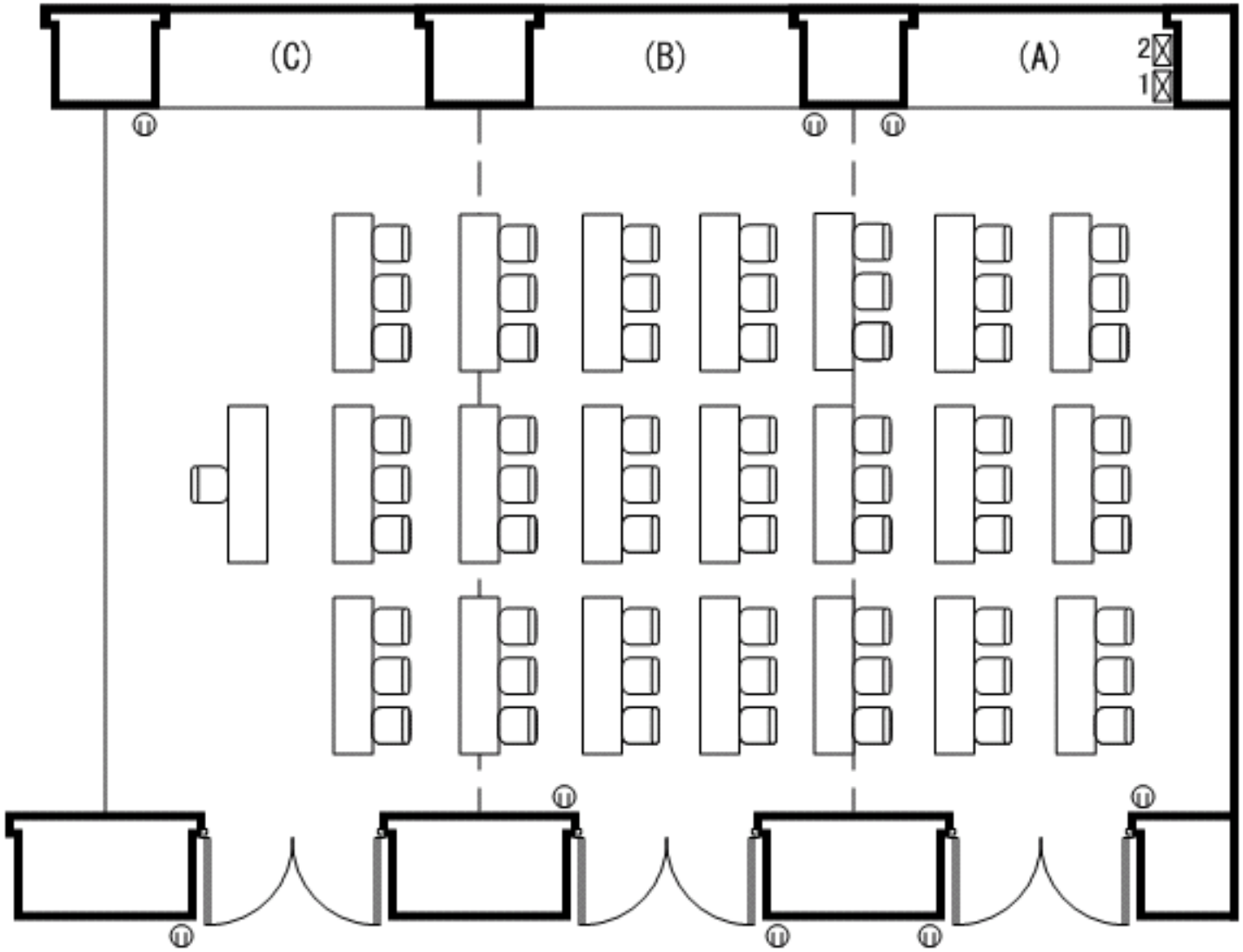A+B+C スクール